



Blessed be Educators

To provide educators with spiritual support & recognition by sponsoring faith-based activities.



Join us for the Blessed Be Educators Forum

"Youth Mental Health First Aid"

Presented by the National Behavioral Health Association through Allegheny Health Choices, Inc.

with **Ms. Lori Duffy Sachs**,
Behavioral Health Specialist,
Milestone Centers, Inc.

underwritten by the
CARLOW
UNIVERSITY
College of Learning and Innovation
Department of Education

September 29 | 8:00 am – 4:30 pm

Carlow University

A.J. Palumbo Hall of Science & Technology

Corner of Fifth & Craft Avenues, Pittsburgh, PA 15213

(Enter 3333 Fifth Avenue into GPS)

All educators, youth leaders, parents or anyone interested in this topic are welcome to attend.

No fee. Morning coffee, box lunch & training materials provided.

Free-will offering accepted to defray ancillary expenses.

This course is approved by the Allegheny Intermediate Unit for Act 48 professional development hours. AIU charges \$5 processing fee; teachers who wish credit, bring cash or check & your PD ID number.

The course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents, including anxiety, depression, psychosis, eating disorders, AD/HD, disruptive behavior disorders, and substance use disorder. Participants **do not** learn to diagnose, nor how to provide any therapy or counseling – rather, participants learn to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying a core 5-step action plan. The Youth Mental Health First Aid USA curriculum is primarily focused on information participants can use to help adolescents and transition-age youth, ages 12-18.

Registration Form (Electronic registration preferred when possible.)

Date _____ Name _____

BBE Member Congregation _____ Individual BBE Member _____

Position (e.g. Sunday school teacher, youth leader, parent, interested church member, etc.) _____

Phone number _____ Email (print clearly) _____

Would you like a vegetarian lunch selection? _____

I understand that registration for this workshop is limited to 40. I will make every effort to attend; if come September, I cannot attend, I will contact MA Hvizdos by Sept. 22nd so that someone else can use my space.

**Scan completed form and send to Mary Ann Hvizdos
at mahvizdos@verizon.net or mail to her 825 Mifflin Ave.,
Pittsburgh, PA 15221. She will send you a confirmation.**

Signature