

The Incredible and DINAmic Family



The Incredible Years® Parenting Program

A Parent-Administered Behavior Therapy Training proven to be effective for children with challenging behavior.

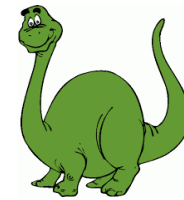
These classes for parents:

- ◆ Teach skills to use positive reinforcement, structure, and discipline to manage child's behavior
- ◆ Teach parents positive ways to interact, communicate and bond with child
- ◆ Meet weekly to provide coaching and support
- ◆ Provide incentives to remove barriers to participation

DINA School

The Incredible Years® Child Dinosaur Small Group Treatment Program

18-session program for children ages 4 to 8 years old



These classes for kids:

- ◆ Help children learn social and friendship skills
- ◆ Help reduce problem behaviors
- ◆ Improve school readiness
- ◆ Increase coping skills and problem solving

Tuesdays, March 19th—July 16th, 2019

Dinner 5:30pm; Class 6-8pm

Wesley Family Services-Wilkinsburg, 221 Penn Ave, Pittsburgh, PA 15221

At least one caregiver must attend Parenting for Children to attend Dina School.

Enjoy a meal, earn incentives and have fun while you learn!*

To schedule your enrollment session, contact:

Shauna Staranko, LMFT

ParentWISE Program of Wesley Family Services

Ph: 724-217-8302, or via email at shauna.staranko@wfspa.org

**Classes, incentives, and meal provided through a grant from the Children's Trust Fund*

