

First Up

Champions for Early Education

Parenting in a Pandemic: Help in a Time of Need

Parents of young children are wondering how their children will be impacted by the trauma of the COVID19 pandemic. How are the children managing disruptions to their own young lives? Will they develop the skills needed in this new normal? What can I do to support them?

First Up invites you to join us for **Parenting in a Pandemic: Help in a Time of Need**, a three-part series of one-hour informative webinars, where we will begin to answer these questions.

Each session, presented by professionals with early childhood expertise and certificates in trauma-informed practices, will:

- introduce the concepts of how brains develop and the impact that current events might have on children from birth through age 8;
- introduce new ways to think about self-care, and;
- offer strategies for supporting children's mental well-being.

Participation enters you into a drawing for special giveaways!

Part 1		Part 2		Part 3	
Date	Time	Date	Time	Date	Time
Wednesday, June 10th	5:00 pm	Tuesday, June 16th	2:00 pm	Monday, June 22nd	Noon
Thursday, June 11th	Noon	Thursday, June 17th	5:00 pm	Wednesday, June 24th	5:00 pm
Friday, June 12th	1:00 pm	Friday, June 18th	1:00 pm	Friday, June 26th	2:00 pm
Monday, June 29th	1:00 pm	Tuesday, June 30th	1:00 pm	Thursday, July 2nd	1:00 pm

Please contact [Jillian Best Adler](#) with questions.

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ELRC Region 18, a program of Caring People Alliance

