Contact Information

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Trying Together
ELRC Region 5
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Trying Together supports high-quality care and education for young children by providing advocacy, community resources, and professional growth opportunities for the needs and rights of children, their families, and the individuals who interact with them.
ELRC Region 5

Early Learning Resource Center (ELRC) Region 5 provides a single point-of-contact for Allegheny County families, early learning service providers, and communities to gain information and access services that support high-quality child care and early learning programs.
Everyday Interactions Matter: Noticing the Simple and Ordinary

Learning Objectives:

● Observe video footage of children and their caregivers in authentic settings and describe positive interactions.

● Recognize moments of connecting, sharing, growing and belonging in everyday moments.
Learn through relationships.

Grow on the inside.

Give meaning to technology.
Deep and simple is far more essential than shallow and complex.
What is deep and simple in our work with children?
Dr. Junlei Li

Saul Zaentz Senior Lecturer of Early Childhood Education at the Harvard Graduate School of Education
**Drug Facts**

<table>
<thead>
<tr>
<th>Active Ingredient</th>
<th>Purpose</th>
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<tbody>
<tr>
<td>Sodium monofluorophosphate 0.76%</td>
<td>Anti-Cavity Toothpaste</td>
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**Use:** Helps prevent cavities

**Warnings:** Keep out of reach of children under 6 years of age. If you accidently swallow more than used for brushing, get medical help or contact a Poison Control Center immediately.

**Inactive Ingredients:** Sorbitol, Silica, Water, Calcium Laurate, Glycerin, Tricalcium Phosphate, EDTA, FD&C Blue No. 1, Calcium Glycerophosphate, Methyl Cellulose, Saccharin, Trisodium Phosphate, EPG 32, Micro Crystals, Caprylyl Glycol.
“Resources and environmental factors are useful only when they enrich and empower the growth of human interactions between children and adults.”

– Dr. Junlei Li
“Human relationships are primary in all of living. When the gusty winds blow and shake our lives, if we know that people care about us, we may bend with the wind...but we won’t break.”

– Fred Rogers
Supportive Relationships Strengthen the Foundations of Resilience

Regardless of the type of adversity, the single most common finding is that children who develop resilience have had at least one stable and committed relationship with a supportive parent, caregiver, or other adult.
What makes up our relationships?

What does it mean to interact?
What does it mean to have a good child-adult interaction?

How do you know when you have one?
Break Time
Simple Interactions Tool

- Connection
- Reciprocity
- Inclusion
- Opportunity to Grow
Interacting with mutually positive or appropriate emotions

“Serve and return”
Interacting with mutually positive or appropriate emotions

“Serve and return”
SIMPLE INTERACTIONS TOOL
Noticing and Appreciating Human Interactions Across Developmental Settings

**CONNECTION:** Interacting with mutually positive or appropriate emotions

- negative/hostile
- indifferent/detached
- mismatched
- mutually present, in tune

**RECIPROCITY:** Balancing roles of engagement during joint activity

- one-sided control, with resistance or disengagement
- one sided control, with compliance
- two-way "serve and return"
Inviting and involving ALL

INCLUSION

Scaffolding and fading

OPPORTUNITY TO GROW
Inviting and involving ALL

Scaffolding and fading

INCLUSION

OPPORTUNITY TO GROW
INCLUSION: Inviting and involving the least likely or least able to engage

X
excluded

Y
attended to separately

Z
invited and included

OPPORTUNITY TO GROW: Presenting incremental challenge and matching with appropriate support

X
unrealistic or undemanding expectations

Y
incremental challenge with scaffolding

Z
scaffolding and fading

Simple Interactions Tool

- Connection
- Reciprocity
- Inclusion
- Opportunity to Grow
What is deep and simple in our work with children?
Resources

- Everyday Interactions Matter [https://www.everydayinteractions.org/](https://www.everydayinteractions.org/)

- Simple Interactions Tool [https://www.simpleinteractions.org/the-si-tool.html](https://www.simpleinteractions.org/the-si-tool.html)

- Center on the Developing Child, Harvard University Study on Resilience. [https://developingchild.harvard.edu/science/key-concepts/resilience/](https://developingchild.harvard.edu/science/key-concepts/resilience/)


- *Caring for Infants and Toddlers while Wearing Face Coverings*. Q-CCIIT. [https://www.mathematica.org/toolkits/q-cciit](https://www.mathematica.org/toolkits/q-cciit)
More Resources from Trying Together

Allegheny Child Care - www.alleghenychildcare.org

Early Learning Resource Center Region 5 - elrc5.alleghenycounty.us

The Homewood Early Learning Hub & Family Center - www.tryingtogether.org/community-resources/hub-and-family-center

Developmentally Appropriate Parenting (DAP) Series - https://tryingtogether.org/parenting-resources/
Share Your Feedback!

Fill out this survey to receive DAP Series cards via mail -
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Thank you.