

2021 Virtual Spring Building Blocks

Lunch & Learn Series

'Building Home, School, & Community Partnerships'

Who Should Attend?

Parents and Service Providers working in early intervention including:

Speech - Language Pathologists
Occupational Therapists and Assistants
Physical Therapists and Assistants
Teachers of the Visually Impaired
Teachers of the Deaf and Hard of Hearing
Early Childhood Staff - Pediatric Nurses
Early Childhood Special Education Teachers
Social Service and Health Care Professionals

Up to 7 Hours of CEU's and Act 48/PQAS if attending all three sessions. Additionally, ASHA approved 3 hours for May 19.

**Each Session - \$25
or Attend all 3 Sessions for ONLY - \$50**

NO CHARGE for PARENTS of children currently receiving birth to 5 Early Intervention services in Westmoreland County.

Questions?
Please contact **Debi McKeever**
buildingblocks@achieva.info

Practical Strategies & Resources for Families and Professionals

The speakers will share information and resources to help you navigate many situations that you may encounter during your routines at home or in the community.

PRESENTERS

*Why is This Child Stuck?
The Hidden Ways Immunity and Nutrition Issues Affect Therapeutic Outcomes*

~ Kelly Dorfman ~
May 11, 2021
12:00 pm - 2:00 pm

The Power of Play in a High Tech World
~ Cari Ebert ~

May 19, 2021
12:00 pm - 3:00 pm

Empowering Parents in a Positive Way, During Both Virtually and In-person Coaching

~ June Fisher ~
May 27, 2021
12:00 pm - 2:00 pm



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Local Interagency Coordinating Council of Westmoreland County



May 11, 2021



Why is This Child Stuck? The Hidden Ways Immunity and Nutrition Issues Affect Therapeutic Outcomes

KELLY dorfman

Kelly is a licensed clinical nutritionist that specializes in targeted nutrition therapy to address complex medical problems, especially in children. *Cure Your Child with Food*, her awarding winning book about the surprising ways nutrition impacts common childhood ailments, is published in eight languages.

Kelly lectures internationally and has been featured on numerous television programs and in periodicals including CNN's *American Morning*, the Wall Street Journal, the Washington Post and Oprah magazine. She is on the Advisory Board of the Gateway School of Mumbai, one of the few comprehensive educational programs in India for children with autism and cognitive challenges. She teaches at John Hopkins University as an adjunct faculty member.

Course Objectives

1. Discover how widespread messenger molecules communicate between the immune and nervous systems
2. Recognize common symptoms that suggest a weak diet or nutrition deficiencies and understand why they are significant
3. Identify patients who may have nutrition or immune issues that could be interfering with optimal clinical outcomes

Many children do not progress as expected in therapy despite herculean efforts by well-trained professionals and caretakers. Medical specialists sometimes uncover a cause but rarely are common immune reactions or dietary weaknesses suspected. Discover how the immune system communicates with and can disrupt neurological function and how nutrition gaps can impact clinical outcomes.

Local Interagency Coordinating Council



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Early Intervention
Family Resources

May 19, 2021

The Power of Play in a High Tech World



Cari Ebert, MS, CCC-SLP is a pediatric speech-language pathologist in private practice in the Kansas City, Missouri area. She received her bachelor's degree from the University of Iowa in 1993 and her master's degree from Southern Illinois University at Carbondale in 1995. Cari is a therapist, consultant, author, and nationally recognized speaker who gets paid to do what she loves most...TALK! She works exclusively with young children, from birth to age five, and their families and believes that early intervention is the key to future success. Cari has a son diagnosed with autism and apraxia, allowing her to engage audiences both as a professional and as a parent of a child with additional needs. She has an animated personality, and this translates to a high-energy speaking style. Join Cari as she explores important issues for enhancing the development of young children...you'll be glad you took the time!

Learning Outcomes:

As a result of this activity, the participant will be able to:

1. Summarize the benefits of play across the five developmental domains (cognitive, communication, social-emotional, physical, adaptive).
2. Describe the limitations of drill work, flash cards, and educational apps when working with young children with developing brains and bodies.
3. Explain the developmental stages of object play and social play from birth to age five.
4. List specific strategies to make virtual therapy sessions more effective for young children and their families.

It is critical for pediatric therapists, early childhood educators, and parents to understand and appreciate the connection between brain development and play, especially in young children who present with developmental delays. This course will provide an evidence-based approach to working with young children and their families by promoting cognitive, language, sensorimotor and social-emotional development through child-directed, adult-guided play experiences. Participants will gain more insight as to how play has changed over the years as a result of technology, along with a rationale as to the benefits of screen-free play for young children with developing brains and bodies. Guidelines for virtual therapy visits during COVID-19 will also be discussed.



ASHA CE
APPROVED PROVIDER

Summit Speech Therapy, LLC
dba Cari Ebert Seminars

Intermediate Level

0.3 ASHA CEUs

Disclosures:

Nonfinancial: Cari Ebert has a son with autism and apraxia and shares personal experiences in her trainings.

Financial: Cari Ebert receives royalties from all product sales on her website. She also receives compensation from ACHIEVA for presenting this course.

May 27, 2021

Empowering Parents in a Positive Way, During Coaching (both virtually and in-person)



June Fisher has 30+ years of experience working, planning and teaching individuals and groups from various cultures, regions and backgrounds. She is currently the President of Dynamic Training Solutions, the company she developed in that provides: organizational assessments, planning, program and curriculum development and delivery throughout the United States. Throughout her career she has worked with individuals and groups to identify and achieve their goals. She is recognized as the premier facilitator by numerous social service organizations throughout Pennsylvania and has won Trainer of the Year Recognition. She provides dynamic interactive workshops for families, agencies and communities.

June is a Licensed Social Worker, certified Organizational Effectiveness Consultant and Diversity Trainer and has been certified as a Critical Incident Stress Management facilitator. Ms. Fisher has been an adjunct faculty member in the social work departments of West Chester, Widener and Temple University.

June has been active in the community where in a voluntary capacity she worked with a team to develop and implement *Helping Hounds*. *The mission of Helping Hounds is to train dogs to become companion, therapy, and/or psychiatric service dogs to aid veterans living with the after effects of military service. She has also been a Court Appointed Special Advocate for Cumberland County; In this capacity she assesses the services provided to abused/neglected youth and based on her assessment makes recommendations to a Pennsylvania Dependency Court Judge. June has touched the lives of many though teaching them the knowledge and skills necessary to achieve their goals personal and professional goals.*

Learning Outcomes:

Through active participation and successful completion, participants will be able to:

1. Review brain science and how to develop a positive serve and return relationship with consumers
2. Review key motivational interviewing techniques to engage consumers in services

Attend this interactive workshop to learn and share knowledge and skills that will improve your ability to work with a diverse population as you guide them to be the best caregivers they can be. During the workshop we will review evidence based best practice techniques - based on brain science and motivational interviewing techniques - that will increase your ability to develop positive relationships with consumers.

Local Interagency Coordinating Council LICC

The Westmoreland County Local Interagency Coordinating Council (LICC) seeks to ensure that all children and families in need of Early Intervention (EI) services are identified and helped, while improving the delivery of such services. The community-based LICC is a fundamental component in the implementation and success of Pennsylvania's comprehensive EI system. **LICC** meetings are held at 9:30 a.m., the first Thursday of each month from September to June (exception of December and January) at:

Westmoreland Case Management & Supports, Inc.
770 E. Pittsburgh St., Greensburg

Parents are encouraged to attend.

