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tryingtogether.org  
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Supporting the work of early childhood

Dear, \_\_\_\_\_  
(Homeroom teacher, principal, etc.)

Recess and physical movement are an important part of my day. With much of my learning happening online and in front of a screen, the need to move is even greater. I need time on my own. I need time to move and play. Whether it's inside or outside, providing time and encouraging me to play will help us all be successful. Don't worry, even when I'm playing, I'm learning! Play helps me make sense of what is happening in the world around me.

I know many things about school are changing and you have a lot to teach me but physical activity and play will help. When my friends and I return to school, please do not take away any of my recess time for things such as not completing class work, making up a quiz or test, or as punishment for my behavior during the day. If my actions are causing any problems, please communicate with me and my parents/guardians. It is important that all children have equitable opportunities to play, move, and thrive. We can all work together to find solutions so that I can be successful at school.

Thank you.

Playfully yours,

(Student Signature and Date)

\_\_\_\_\_

(Parent/Guardian Signature and Date)

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